



INTRODUCTION

Message From Our Manager

As autumn approaches with its crisp air and changing leaves, we've been looking back on the sunshine-filled days of summer and the many special memories we've shared together. From joyful gatherings to quiet moments in the garden, the past season has given us much to treasure.

We are now six months into our journey with ALORE, and what an exciting chapter it has been! Together we've embraced change, celebrated progress, and continued to strengthen the wonderful Lammermuir community of residents, staff, and families. The encouragement, feedback, and shared learning along the way have been truly inspiring.

Looking ahead, we're excited to keep building on these successes. With a new IT system and refurbishment works coming soon, there may be some small adjustments, but they are all part of creating an even better environment for everyone here.

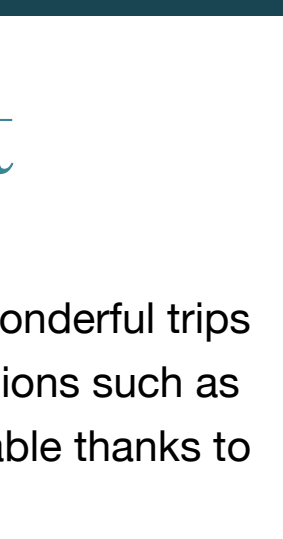
Thank you for your ongoing support - the future is looking bright, and we can't wait to share the journey with you.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes,

Wojciech Kosciolok
Home Manager



ACTIVITIES & EVENTS

Leisure Days - Out & About

Our residents have been making the most of their leisure days with wonderful trips out and about. Recent excursions have included visits to local attractions such as the Museum of Flight and days at the beach, made even more enjoyable thanks to the use of beach wheelchairs that ensure everyone can take part.



We have also revisited nearby villages that hold a special place in many residents' memories, including Eyemouth, North Berwick, and East Fortune. These trips not only provide fun experiences but also spark conversations, laughter, and fond recollections of days gone by.



A Taste of the Tropics...

Our Hawaii-themed party was bursting with colour, music, and joy. Residents, families, and staff came together to enjoy the sounds of a live ukulele band, delicious tropical food, and plenty of dancing. The atmosphere was full of smiles and laughter, and it truly felt like we had been transported to a sunny island paradise.

A huge thank you goes to the talented band and to everyone who joined in to make the day so special.



PET THERAPY

Four Legged Friends

Animals continue to bring joy and comfort to life at Lammermuir House. Our home has been delighted by frequent visits from much-loved dogs and cats, who never fail to brighten everyone's day with their affection and playfulness.



From time to time, we are also lucky enough to welcome ponies, although it has been a little while since their last appearance—we hope they trot back in for a visit soon! These furry and four-legged friends remind us of the happiness that companionship and simple moments of connection can bring.



SPORTS CLUBS

Connecting with the Community

We are excited to share that our Sports Club is reconnecting with youth clubs around Dunbar. Residents will soon have the chance to engage with activities such as table tennis, rugby, and football, not only through friendly interactions but also by attending local matches. Cheering on local teams promises to bring plenty of excitement and energy to our outings, while also strengthening our ties with the community.

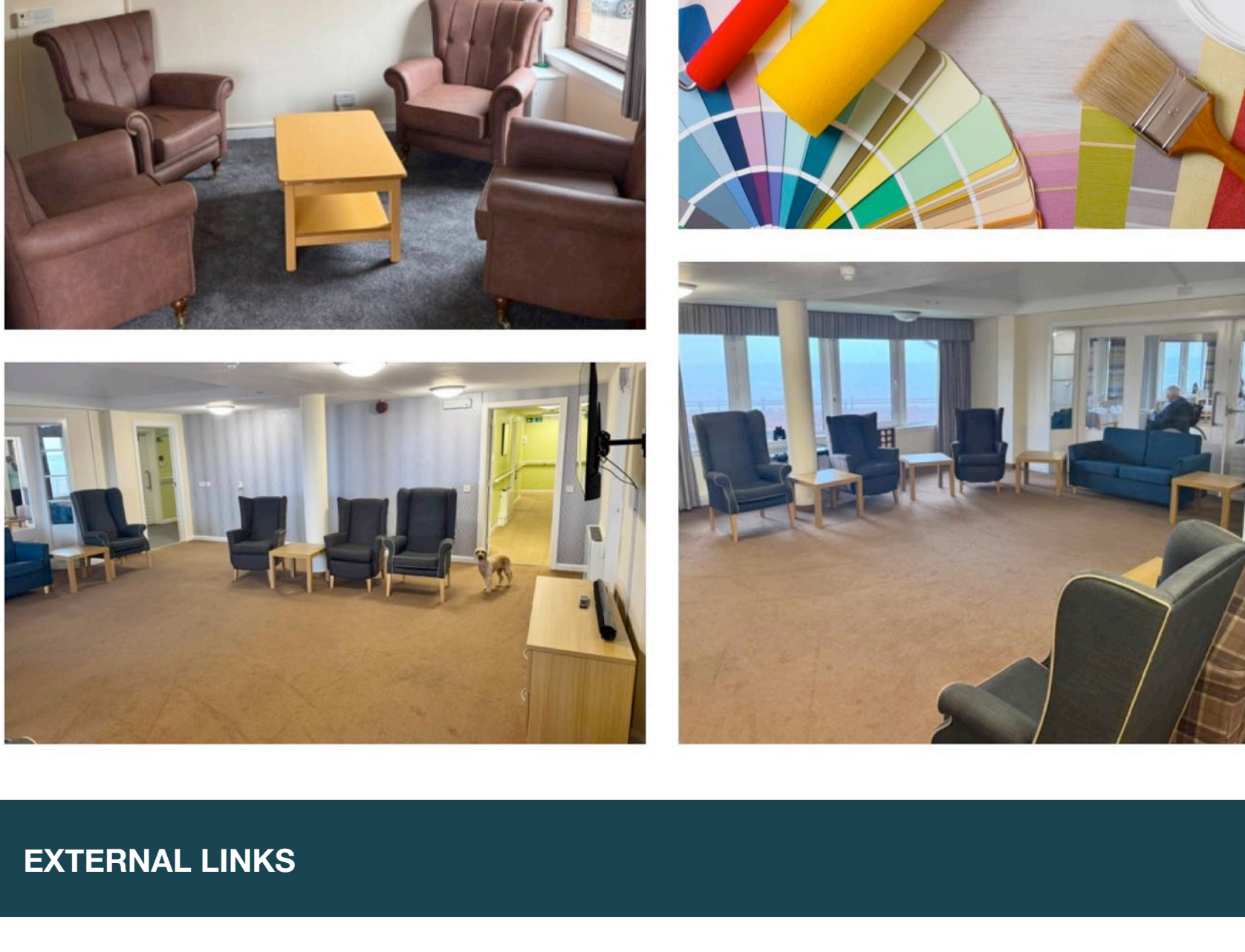


RENOVATION PROJECT

Always Looking For Ways To Improve...

Exciting improvements are under way at Lammermuir House as we continue our refurbishment of communal areas. While there may be some minor disruptions during this time, we are confident the results will be worth the wait. The refreshed décor will bring a brighter, more modern feel to the home, creating spaces that are both welcoming and comfortable for residents and visitors alike.

On the middle floor, a new small dining room and day lounge are also being added, providing more opportunities for relaxation, socialising, and shared meals. We can't wait to see these new areas completed and enjoyed by all.



EXTERNAL LINKS

Social Media

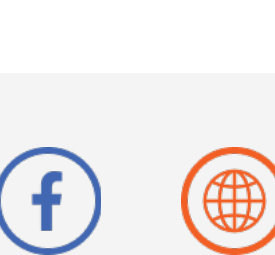
Make sure to check out the Lammermuir Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

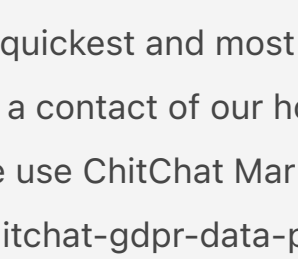
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